

WEEKLY UPDATE: Nov. 17-21

2 messages

'Tina Holt' via **Students MS** <students_ms@my.graystoneday.org>

Fri, Nov 14, 2025 at 3:27 PM

Reply-To: Tina Holt <tholt@graystoneday.org>

To: Parents MS <parents_ms@graystoneday.org>, Students MS <students_ms@my.graystoneday.org>, Staff MS <staff_ms@graystoneday.org>

LUNCH:

November 17-21

Monday: Pasta (Meat or Alfredo Sauce), Garlic Bread, Salad Bar

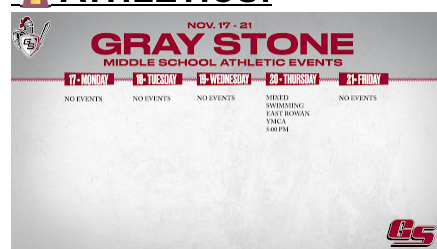
Tuesday: Southern BBQ, Corn, Chips, Salad Bar

Wednesday: Beef or Chicken Tacos, Salad Bar

Thursday: Chicken Fried Rice, Fruit, Salad Bar

Friday: Pizza (Cheese or Pepperoni)

ATHLETICS:



NOV. 17 - 21
GRAY STONE
MIDDLE SCHOOL ATHLETIC EVENTS

17 - MONDAY	18 - TUESDAY	19 - WEDNESDAY	20 - THURSDAY	21 - FRIDAY
NO EVENTS	NO EVENTS	NO EVENTS	SHIELD BOWHANG EAST ROMAN YMCA 5:00 PM	NO EVENTS

VOLUNTEER OPPORTUNITIES:



The Knightly Times
VOL. 2 - No. 2 2025-2026 SCHOOL YEAR November 2025

LANCE NEWSLETTER

WE NEED YOUR HELP!

Christmas Teacher Appreciation Gifts!



We would greatly appreciate any donations towards T-shirts and gift tags. Our Gray Stone staff works super hard to educate, support and provide a safe and engaging environment for our students! Help us show them appreciation this holiday season!

<https://www.graystoneday.org/donations>

Staff Holiday Luncheon!



Thursday, December 18, 2025

We are continuing the tradition of serving a holiday luncheon to our amazing staff. The Lance will be providing the food and drink. We believe your help in providing this successful event. Serving 70 staff members, please accordingly based on the number of staff available. Please send in a depositable container.

<https://www.graystoneday.org/donations>

Events for the Year

Lance General Meeting: Monday November 17th at 6:30 in the Commons.
Middle School Parent Volunteer Informational Presentation: Friday, December 19th, 6:00 AM, Music, Christmas Cookies, Gingerbread House, and more!
Teacher Appreciation - LinkUp Staff Luncheon will be 12-18-2025 at 12:00
PE Day - 12-22-2025 will be held in the gym.
Teacher Appreciation Week - 12-14-2025
Lance Day Teacher Luncheon - 12-15-2025
Middle School Parent Volunteer Informational Presentation - 12-19-2025

CONTACT US AT GRAYSTONELANC@GMAIL.COM

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HELP ★ WANTED ★

ATHLETIC CONCESSIONS:
HOLISTON, VA 22061



COMMITTEE CHAIRS
Friday Night Sales
 Sherrill Jackson 704-265-2644
Senior Committee
 Kim Morgan 704-661-6492
 Kristine Jarr 980-285-0534
Teacher Appreciation Committee
 Allison Wilson 704-982-5012
Board Committee
 Courtney Bernick 704-982-4108
 Ashley Hightower 704-982-2822
 Stacy Trank
Concessions
 Danielle Holt 704-982-1719
 Sophie Butler 704-982-1392

CONTACT US:
graystonelance@gmail.com

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LANCE IN ACTION
HOCO
 High School Students enjoyed "A Knight of Light" at the 2022 Homecoming Dance.



SAVE THE DATE
8TH GRADE DANCE
 Saturday, March 25th

NEXT MEETING
 Lance General Meeting
 Thursday, November 24th
 at 6:30pm in the Commons.

Knight Of The Week:



Reese Pickler

Reese is an exemplary Gray Stone Knight! She puts 110% into everything she does, both in the classroom and in extra-curriculars. She asks insightful questions, is helpful and kind to her peers, and demonstrates great leadership. She embodies the Gray Stone standard of excellence, and her teachers can always depend on her. Reese helps make each of her classes a positive learning environment! Thank you, Reese!

YEARBOOKS:

Order your yearbook here!

[Gray Stone Day Middle School Yearbook](#)

Looking Ahead:

11/25: **Early Release - 11:40**

11/26 - 11/28: **Thanksgiving Break**

12/18: **Early Release - 11:40**

12/19: **Early Release - 11:40**

12/22 - 1/2: **Winter Break**

1/5: **Teacher Workday**

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Tina Holt

Middle School Office Manager

GRAY STONE
 DAY SCHOOL

49464 Merner Terrace

Misenheimer, NC 28109

704.463.0567

Fax: 704.463.0569

Jan Poindexter-Cameron <jpoindexter-cameron@graystoneday.org>

Fri, Nov 14, 2025 at 3:48 PM

To: Tina Holt <tholt@graystoneday.org>

Cc: Parents MS <parents_ms@graystoneday.org>, Students MS <students_ms@my.graystoneday.org>, Staff MS <staff_ms@graystoneday.org>

One more thing...

November 17 - 21 at Gray Stone, we are taking time to be Thankful.

Researchers have found that Thankful teens had

- less negative emotions and depression
- more positive emotions, life satisfaction, and happiness
- more hope
- a stronger sense of meaning in life
- more motivation to help others and use their strengths to contribute to society
- For the complete article: https://greatergood.berkeley.edu/article/item/how_to_foster_gratitude_in_schools

So students will be invited to take time each day next week to recognize what makes them thankful. Please ask your student at home about practicing gratitude!

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You received this message because you are subscribed to the Google Groups "Staff MS" group.

To unsubscribe from this group and stop receiving emails from it, send an email to staff_ms+unsubscribe@graystoneday.org.

To view this discussion visit https://groups.google.com/a/graystoneday.org/d/msgid/staff_ms/CAG78FGQV8aV02b%2BfvCLN2XU70xK7x5jBcAsT3wg4pejm9AaLxQ%40mail.gmail.com.

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MAKE KINDNESS THE NORM.

Jan Poindexter-Cameron

Middle School Counselor

GRAY STONE
DAY SCHOOL

49464 Merner Terrace i PO Box 650

Misenheimer, NC 28109

704-850-4220 (Middle School Office)

704-463-0569 (fax)

This email is not checked regularly after school hours.

If you or someone you know is experiencing a mental health emergency,
please call **988 (National Suicide and Crisis Lifeline)**.